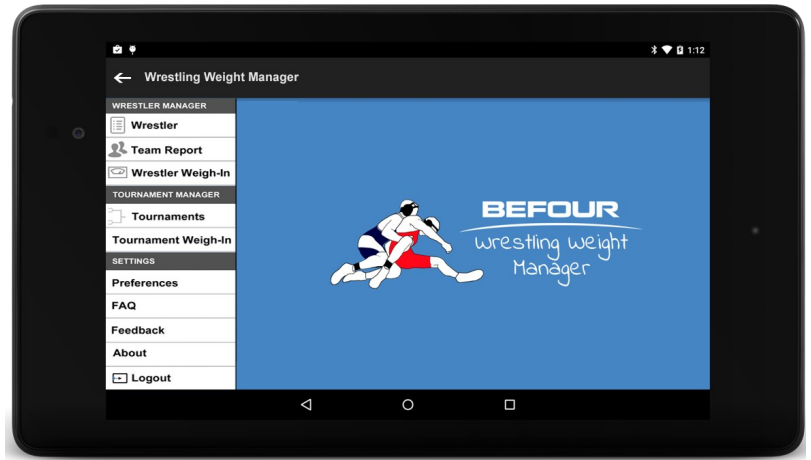


# GETTING STARTED: Adding Weekly Weight Allowances

<b>WRESTLER MANAGER</b>	
	<b>Wrestler</b>
	<b>Team Report</b>
	<b>Wrestler Weigh-In</b>
<b>TOURNAMENT MANAGER</b>	
	<b>Tournaments</b>
	<b>Tournament Weigh-In</b>
<b>SETTINGS</b>	
	<b>Preferences</b>
	<b>FAQ</b>
	<b>Feedback</b>
	<b>About</b>
	<b>Logout</b>



(1) Tap on "Preference"

(2) Tap on "Weekly Allowable Weight Loss"



(3) enter the weekly allowable weight loss

